



# THE *chronicle*

THECHILDRENSCENTER.ORG | MEETING FAMILY MENTAL HEALTH NEEDS | FALL 2021



## Dutch Bros raises \$9,691 — one 'buck' at a time

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from a financial planner

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who seek our help

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support — and you can too

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## HOPE IS THE ANTIDOTE TO FEAR

This month our twins, Callie and Connor, turn 18. As I reflect, amid the memories of sleepless nights and lots (and lots) of diapers, one experience on the day of their birth repeatedly comes to mind. My wife, Michelle, went into labor at 29 weeks and the doctors at OHSU decided an emergency C-section was needed. As Michelle headed to surgery, one of the doctor (seeing my very obvious fear) put his hand on my shoulder, looked me in my tear-filled eyes, and said, *“Remember you’re in a world-class hospital. We have a team who will take good care your wife and kids.”*

I’ll never forget that brief interaction. The doctor’s kindness and his words gave me something I had not yet felt: HOPE.

Many parents and caregivers come to Children’s Center experiencing the same fears I did that night. They worry about their child’s health and are sometimes fearful that their child may not make it. Our goal — with your help — is to provide that same HOPE the doctor provided me so many years ago. To reassure them that we have a team of clinicians who will take good care of their child.

Because of you we provided HOPE and healing to over 700 children and their families last month, and with your continued support we’ll help many more in the months and years ahead.

Matthew Butte, Executive Director

## NEWS FROM CHILDREN’S CENTER

### • FOOD DRIVE- NOW THROUGH NOVEMBER 12

Every fall we double down on our food drive efforts so that we can give an extra bag of food to the families we serve in November, prior to the holidays. **Needed items: peanut butter, canned tuna fish, pasta & sauce can or jar, canned meat, rice, beans, canned fruit, canned chili, etc.** **Donation drop-off: Mon–Thurs, 8am – 7pm**

### • TOY AND GIFT CARD DRIVE

We are collecting toys for our in-person clients and gift cards for our clients on telehealth November 29 – December 17. Holiday gifts help make the holidays special and provide a sense of normalcy that struggling youth need. **See page 6 for suggested items.** **Donation drop-off: Mon–Thurs, 8am – 7pm**

### • STAY TUNED FOR NEWS OF A 2022 FUNDRAISING EVENT & CELEBRATION!

## COMMUNITY VOICES

What do you want people to know about children’s mental health? Join the conversation by sending your thoughts to Jennie Hoheisel at [jennieh@thechildrenscenter.org](mailto:jennieh@thechildrenscenter.org).

*“Life can give us bumps and obstacles, children need tools, skills, strength to navigate these successfully. Children need you.”*

— TERESA NORMAN, FNP  
RETIRED

*“Mental Health awareness is at the forefront of our thoughts due to the pandemic. The services that Children’s Center provides are crucial to the well-being of kids and families in Clark County.”*

— DENNY HECK  
LIEUTENANT GOVERNOR OF WASHINGTON

## OUR MISSION

*We serve children, youth and families through comprehensive community-based mental health services.*

## BOARD OF DIRECTORS

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# What Legacy Would you Like to Leave the World?

**Wealth advisor Michael R. Burgoyne helps clients plan estate giving with purpose, to leave a lasting legacy**

*Legacy – noun: a gift by will especially of money or personal property.*

*Impact – verb: to have a direct effect on someone or something.*

While these definitions are probably well known and come quickly to mind, it is interesting how when we think of things, we attach certain qualifiers or limiters to them. For instance, “I would leave a financial legacy and would like to have an impact on an organization that I care about, but I don’t have that kind of money.” However, when I look at the above definitions there just is not a specified threshold for a gift to be a legacy (noun) or to have impact (verb).

What’s the practical application of this and how does it relate to me you ask? I often ask these three questions when discussing legacies:

- Who do you love?
- What do you care about?
- What do you want to be remembered for?

Let’s say a financial statement is pretty modest. There is no real estate, no life insurance nor significant retirement assets. The entire value of everything owned less debts is \$45,000. The intent is to leave this amount to kids, siblings or nephews and nieces. But there is a deep caring for reading and providing an opportunity for children to have access to and enjoy reading as well. A \$1,000 specified gift in a will for the local library for their book purchasing fund would a meaningful

legacy and have impact. There would still be \$44,000 for the other beneficiaries to take trips, buy vehicles, paydown debt, etc. but again with library wholesale costs they should be able to buy a fair number of books because of this gift.

This is a legacy; this will have impact!

On the other hand, if there is more substantial wealth, a legacy can make an impact in many ways. One could leave an art collection to a non-profit to decorate their offices or to sell for use in their general fund; or name them to receive a nominal amount of retirement accounts or life insurance policy proceeds, etc. 3% of a \$1,000,000 life insurance policy leaves 97% for the kids and other heirs, but also creates a \$30,000 legacy gift that can have a major impact for a local non-profit. It’s not likely to get a name on the building, but that’s not the goal either. For Children’s Center a \$30,000 legacy gift like this would help fund a outreach therapist on site at a school or child serving organization. Legacy! Impact!

Maybe a better solution is to name a favorite non-profit as a fractional beneficiary of retirement accounts. Life insurance transfers income tax free to recipients generally, while retirement account assets are taxable as withdrawn, but not to a non-profit. \$30,000 of retirement accounts has the same impact to the non-profit but really only costs the heirs about \$20,000 in after-tax spending money. Choosing which assets to use for giving versus inheritance can have big impact as well.

While these are just a few examples of ways to create a legacy with impact, hopefully it gets you thinking about how you can create

your legacy to have an impact on those you love and the things you care about.

*If you would like more information on this topic, please contact Jennie Hoheisel at [jennieh@thechildrenscenter.org](mailto:jennieh@thechildrenscenter.org)*



**Michael R. Burgoyne, ChFC, CFP, AIF, is president and wealth advisor at Laurus Wealth Management and a long-time supporter of Children’s Center**

# A Break Room Refresh — at Last!

Thanks to the Gordon family and IDM Companies, our staff now has a relaxing break room in which to recenter and reenergize

*March, 2020 our Staff Lounge was scheduled to get a makeover. New furniture and décor had been delivered, paint had been picked out and volunteers were ready to take our break room from a cafeteria environment to a comfortable relaxing lounge. Then Covid restrictions put a halt on everything.*

The project, which was generously funded by the IDM Companies, was put on hold indefinitely. The Company and their founders Jeff and Lisa Gordon and their daughter Paige had been set to bring staff to the agency on Friday March 13th, refresh our break room and then host a lunch the following Monday to celebrate Children's Center's hard working staff.

Fast forward to 17 months. Lockdown is lifted. A new environment friendly water filter has been installed. The walls have been painted, cabinets cleaned out and refrigerator repositioned. Volunteers arrived August 25th with toolboxes in hand ready to transform the room. They worked for more than 4 hours to assemble and position furniture and lamps, hang pictures and bulletin boards and overall beautify the space. The transformation is complete!

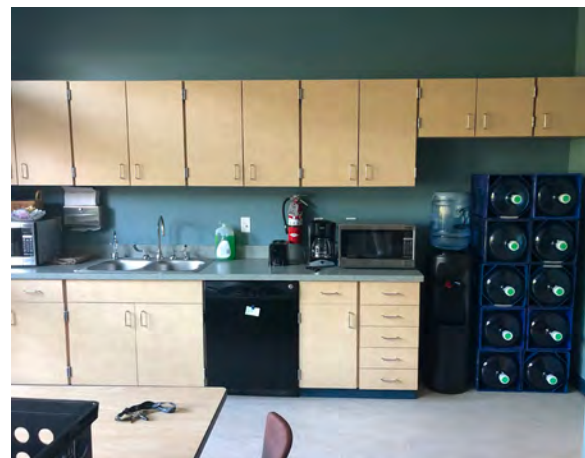
We are so thankful to the Gordon family and IDM Companies for their generosity as well as to our volunteers Chris and Julie Bene, Helen Lehner, and Coleen and Ryan Greenen for their hard work in converting a bland break room into a comfortable lounge. Our staff has loved relaxing in the new space!



**Volunteers Chris and Julie Bene and Helen Lehner pose in the updated breakroom they helped outfit**

*“It was exciting to create a beautiful space for the staff to relax and refresh. The donated furniture and artwork came together perfectly. It reflects the community’s appreciation for the staff and volunteers at the Children’s Center.”*

— JULIE BENE, VOLUNTEER





# It Takes a Village

Local groups and businesses chip in to support Children's Center — and the kids and families we serve right here in Clark County!

*It's inspiring to see the many ways our generous community finds to share their talents and resources and become Champions of Hope for children and families in Clark County. From sewing Heavy Helpers to organizing a donation drive, volunteering with yard work, or giving of their means — we're so grateful for what your support makes possible!*

## LOCAL DUTCH BROS. PUTS THE 'FUN' IN FUNDRAISER

Each September Dutch Bros. dedicates a day to give \$1 from every drink sold to nonprofit organizations that help create brighter futures for local kids. The fundraiser is called Buck for Kids, and we're thrilled to be chosen as a recipient once again. Children's Center was the lucky recipient of proceeds from the Buck for Kids day at eleven local Dutch Bros. locations — totaling \$9,691.50! A big thanks to the three franchise owners who chose us as their nonprofit: Jessica Simon, Kenny Stromer, and JJ Herzog.

## PHI DELTA THETA LENDS A HAND LANDSCAPING

A huge thank you to the men of University of Oregon's Phi Delta Theta fraternity for dedicating a sunny Saturday morning to Children's Center. This summer a group of Phi Deltas, lead by one of our champions Brian Thompson and his friend Evan Connell, organized and executed a huge landscaping project at the agency. The men gathered at 7:30 to beat the heat and worked tirelessly for 4 hours spreading 20 yards of bark dust to the landscaping beds, around the building, in the parking lot and up against the street. They finished out the day by catching up and reminiscing about fun times at the university while enjoying a picnic lunch from Chuck's Produce. The grounds look amazing! Thank you, Brian, Evan, and the U of O Phi Deltas!

## GIVEMORE24! IS SW WASHINGTON'S DAY OF GIVING

Thank you to everyone who took part in our Give More 24 campaign this September! We were disappointed to postpone our annual luncheon again this year but are so grateful for the community's participation in Southwest Washington Community Foundation's fundraiser. Thanks to your support we were able to raise over \$65,000 in 24 hours! Those funds will go a long way toward helping us continue to provide quality mental health services for kids in need. A special thanks to the Michael and Denise Burgoyne Family Foundation and an anonymous donor for their matching gifts! Their generosity helped encourage others to give and will be felt by so many in our community.



**ABOVE:** The team at Dutch Bros. in Camas, which raised funds for Children's Center during their Buck for Kids event

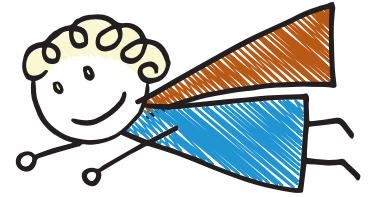
**BELOW:** Volunteers from the University of Oregon chapter of Phi Delta Theta





# Champions of Hope

*When you support Children's Center's mission, you become a 'Champion of Hope' for a child in need. Here's what our generous Champions have been up to lately...*



Brian Thompson, sons Payton and Bryson, and a team from Providence's Communications Team lended a hand with fall yard work in our Maxine McClaskey Therapy Garden



Dutch Bros. franchise owners Jessica Simon and Kenny Stromer (along with JJ Herzog not pictured) supported Children's Center during their Buck for Kids event



(Above) Masks can't hide the smiles of staff at the East Vancouver and 104th and Mill Plain Dutch Bros. locations, which (along with 9 other area locations not pictured) supported Children's Center during their Buck for Kids event. Learn more on page 4

**WANT TO SEE MORE PHOTOS?**

Find us on  & 

Children's Center Clark County  
@childrenscenter\_clarkcounty



Volunteers from Fort Vancouver Kiwanis (above) and The Ginn Group (left) helped provide Heavy Helpers. These weighted plushies sooth clients with sensory issues.

# Champions in the Spotlight

## MEET BILL AND LYNN VAN DER VORT

Bill and Lynn explored the world by cruising until March 2020. Now, they enjoy exploring and hiking the areas near their son's family in Anacortes, Washington.

**Why does children's mental health matter to you?** *"Children are our future, and children's mental health is the foundation for building confidence, character and self esteem for the next generation."*

**What moved you to take action and support Children's Center?** *"When the Children's Center was being built, we checked out the website for volunteer opportunities."*

**How does supporting Children's Center enrich your own life?** *We have grandchildren with special needs who do not live near us. We can show appreciation*



*for the support they receive by "paying it forward" to help children in our community.*

*"You shouldn't go through life with a catcher's mitt on both hands; you need to be able to throw something back."*

— MAYA ANGELOU

## Become a Champion of Hope

### 3 EASY WAYS TO SUPPORT OUR MISSION

#### 1 - CONNECT WITH US ON SOCIAL AND SUBSCRIBE TO EMAILS

Subscribing to updates helps keep you updated on the impact of your support. Even something as simple as a Facebook like can help others learn about Children's Center and help keep children's mental health top of mind in our community.

#### 2 - TELL A FRIEND

You can have a big impact just by working within your own circle of friends, family, coworkers, neighbors, and more. Many people would love to be more philanthropic, but don't know where to start. Consider sharing one of our Facebook posts, passing along this newsletter, or starting a conversation in person to spread the word about children's mental health and the hope your support can bring to families in need.

#### 3 - ORGANIZE A TOY OR GIFT CARD DRIVE

Supporting our annual toy drive is an easy (and rewarding!) way to do good and directly impact kids and families in our community. We are collecting toys for our in-person clients and gift cards for our clients on telehealth. Gifts are needed now more than ever due to hardships suffered during the pandemic!

#### DONATION DROP-OFF

**Donation drop-off: Mon–Thurs 8am–7pm**

**Shopping online?** You can have donations sent to us directly! Ship to:

Children's Center  
Attn: Jennie Hoheisel  
13500 SE 7th Street  
Vancouver, WA 98683

### OUR WISHLIST

- Board games (*Connect Four, Jenga, card games, family games*)
- Legos
- Sporting Equipment
- Art Supplies
- Play-doh
- Etch-a-Sketch, Koosh balls and fidget toys
- Stuffed Animals
- Warm socks/slippers
- Hats and gloves
- Books (*for ages 4-16*)
- Dolls (*no Barbie or Bratz, please*)
- Teen Gifts (*movie passes, journals, personal care supplies, hoodies, reusable water bottles, beanies*)
- Gift cards \$20–\$100 to *Fred Meyer, Walmart, Target, WinCo, Safeway, Gas stations or Amazon*





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# You'll Never Walk Alone

**BY OSCAR HAMMERSTEIN II**

When you walk through a storm  
Hold your head up high  
And don't be afraid of the dark

At the end of a storm  
There's a golden sky  
And the sweet silver song of a lark

Walk on through the wind  
Walk on through the rain  
Though your dreams be tossed and blown

Walk on, walk on  
With hope in your heart  
And you'll never walk alone

You'll never walk alone

Walk on, walk on  
With hope in your heart  
And you'll never walk alone  
You'll never walk alone

